

# SAFETY MATTERS

## President’s Message



Thanksgiving is around the corner and the OKC Chapter has many things to be thankful for! We have a tremendous chapter and a thriving student chapter. OKC just completed our joint meeting with the Tulsa Chapter at the Student Union Ballroom on the Campus of OSU. Those in attendance were treated to an excellent presentation on “Overcoming Challenges” from the ASSP Society President, Rixio Medina.

OKC also held our 10<sup>th</sup> Annual Sporting Clay Shoot fundraiser at Quail Ridge Sporting Clays. We had another great turnout with a beautiful day (a little cold), but great nonetheless! Please mark your calendar for the next shoot to be held on November 1<sup>st</sup>, 2019.

I look forward to seeing everyone in December at our OKC Chapter meeting to support the Toys for Tots campaign!

Thank You,  
Cody Vinyard, CSP  
ASSP OKC Chapter President



Cody Vinyard, CSP  
Sr. Safety Professional, OG&E

### Inside this issue...

Clay Shoot.....	2
Safety Leaders conference.....	3-4
ASSP Education.....	5
Fall driving safety.....	6
Turkey Fryer.....	7
Acing your interview.....	8
Scholarship and grant.....	9-11
ChapterWise.....	11
Sponsors.....	12



**PLATINUM LEVEL CHAPTER**  
2016-2017

# November 2018 OKC ASSP Clay Shoot



70+ Shooters!  
Great food!  
Great networking!





# About ASSP's Annual Future Safety Leaders Conference

This conference is an annual two-day event where practicing safety professionals educate, develop and mentor a select group of [ASSP student members](#), helping them kickstart their careers and transition from student life to employment in the occupational safety and health (OSH) field. This year's Future Safety Leaders Conference was held Nov. 8-9, 2018, at the Chicago Marriott Oak Brook in Oak Brook, IL.

---

The **UCO ASSP student chapter** sent three students to the Future Safety Leaders Conference. The Oklahoma City ASSP chapter wants to recognize these students as future safety leaders taking the initiative to attend this conference. We asked each student to summarize their experience of the conference. Students' summaries continued on next page.

This was my first Future Safety Leaders Conference and I am beyond thrilled that I was able to attend. I went with two of my safety friends from UCO and had the privilege to meet and network with companies and professionals from around the country and make friendships with other safety students in all parts of the US.

We started our days in round table discussions and were able to mix and mingle with different students. We heard from great keynote speakers about how to approach the business world and different techniques on how to be a professional.

On the last day we had mock interviews with representatives from several different companies that sponsored the event - Liberty Mutual, Granger, ASSP Foundation and Georgia Pacific, etc. I was lucky enough to meet face to face with many of them and have now applied for an internship program. This conference opened so many doors and exposed me to companies and experiences I would not have known about or had an opportunity to connect with if I were not a student member of ASSP.

Faith E. Looney  
UCO Industrial Safety Student

# Safety Leaders Conference continued



The future leadership conference was a great experience for me. I was able to make lasting connections with students from all over the country and gain great contacts with professionals in the safety field. During the conference, we had great small group round table discussions with prominent figures in the safety field and were able to interact on a more personal level. We also gained valuable interview skills by partaking in mock interviews. This allowed us to figure out what questions might be asked and how to handle ourselves in a professional manner. I am so thankful and blessed for the incredible experience to attend the future safety leadership conference and for being part of such an amazing Region III.

- Seth Austin

On November 8-9 I was fortunate enough to attend this year's Future Safety Leaders Conference in Chicago, Illinois along with two other UCO students. Being chosen to attend this conference was a huge honor, and I cannot thank ASSP enough for the incredible opportunity to go and begin to further my career as a safety professional. I am eternally grateful! At this conference there were over 150 students representing 39 different schools all of which were safety students who were there to do the same thing that I was: learn and network.

My goal going in was to simply learn as much as I could from all of the incredible professionals at the conference. I learned valuable techniques on things such as how to get people to buy into safety in the workplace, how to market myself, and how to properly build a work culture. I also networked with many safety professionals seeking young leaders. We exchanged business cards, chatted, and formed meaningful relationships. I have since connected with many of the students and professionals and hope to continue to form relationships that will last a lifetime. I also learned a lot on what the transition from the classroom to the workplace looks like, and what to expect when that happens.

I would like to give a huge thanks to the ASSP professionals and volunteers that put on this awesome conference. I would like to personally thank the UCO student ASSP chapter as well as the Oklahoma City ASSP chapter for everything they have done for me and my fellow students. We were proud to represent Oklahoma and Region 3 and we are very thankful for the opportunity! We look forward to being the future of Safety and ASSP.

- Weston Carter



When you invest in continuing education, you're investing in your career. ASSP has a longstanding reputation of delivering top quality OSH education that you can implement immediately.

## NOVEMBER

### **Implementing ISO 45001 Course**

The ISO 45001 blended learning course provides learners with the knowledge and confidence to successfully implement the standard.

**Online LearnEx Course:**

[November 18-December 16, 2018 | Online LearnEx Course | 2.1 CEUs](#)

### **Fall Protection Certificate Course**

This certificate program introduces the requirements for a comprehensive managed fall protection program as detailed in ANSI/ASSP Z359.2-2017, Minimum Requirements for a Comprehensive Managed Fall Protection Program.

**Online LearnEx Course:**

[November 11-December 9, 2018 | Online LearnEx Course | 2.1 CEUs](#)

### **Prevention through Design Course**

Develop a foundational understanding of ANSI/ASSP Z590.3 Prevention through Design standard, hazard identification and risk assessment methods.

**Online LearnEx Course:**

[November 25-December 23, 2018 | Online LearnEx Course | 2.1 CEUs](#)



Don't Veer for Deer!



## When driving this fall, you should:

1. **Watch for the rest of the gang.** Deer are pack animals, and rarely travel alone. If a deer crosses in front of you, chances are there are more nearby. Slow down and keep an eye out for more deer darting across the road.
2. **Timing is everything.** Deer are most active at dusk and dawn: periods when your vision is most compromised. To add to their terrible timing, deer are on the move during mating season (between November and January) when you're more likely to travel after the sun sets. Slow down and stay alert, especially after dark.
3. **Wear your seat belt.** It may not prevent a collision, but if the inevitable happens a seat belt can reduce injuries. This is especially true if you lose control and collide with something bigger, and more stationary than a deer.
4. **Take a moment to reflect.** First, look for the road signs. The yellow diamonds with the deer on it are placed in high-traffic areas for deer. You may also spot a deer because their eyes will brightly reflect a car's headlights, making them easier to spot.
5. **Stay Center.** On a multi-lane road, the center lane is your safest bet for avoiding a deer collision, as long as your local traffic laws permit it. This gives deer plenty of space; and in case your vehicle does startle them, it gives you more time to react if one darts onto the road.
6. **Stay the course.** If you see a deer, brake firmly and calmly, and stay in your lane. Swerving could make you lose control of your vehicle and turn a bad situation much worse. Not to mention, deer are unpredictable, and you could swerve directly into their changed path.
7. **Honk!** Some experts recommend that one long blast of the horn will scare deer out of the road. Do not rely on hood whistles or other devices designed to scare off deer—studies have shown them to be largely ineffective at minimizing accidents.

# Turkey Fryer

## Safety

NFPA discourages the use of outdoor gas-fueled turkey fryers that cook the turkey in hot oil. The use of turkey fryers can lead to devastating burns, other injuries and the destruction of property.



### •The Dangers of Turkey Fryers

- Hot oil may splash or spill during the cooking.
- Contact between hot oil and skin could result in serious injury.
- A hot oil spill can happen with fryers designed for outdoor use using a stand. The fryer could tip over or collapse causing the hot oil to spill. Newer counter-top units using a solid base appear to reduce this risk. NFPA does not believe the risks of either type of turkey fryer to be acceptable because of the large amount of hot oil involved and the speed and severity of burns.
- In deep frying, oil is heated to temperatures of 350° Fahrenheit or more.
- Cooking oil is combustible. If it is heated above its cooking temperature, its vapors can ignite.

Propane-fired turkey fryers must be used outdoors. **They are very popular for Thanksgiving.** Many parts of the country may have rain or snow at this time of year. If rain or snow hits the hot cooking oil, the oil may splatter or turn to steam, leading to burns.

Turkeys must be completely thawed before placing in the fryer, because a partially thawed turkey will cause the oil to splatter causing serious burns.

The fryers use a lot of oil, about five gallons. Considering the size and weight of the turkey, extreme caution must be taken when placing and removing the turkey from the fryer to be sure it is not dropped back into the fryer, splattering the oil on the chef.

### Oil-less Fryers

NFPA urges those who prefer fried turkey to look for grocery stores, specialty food retailers, and restaurants that sell deep fried turkeys, or consider a new type of “oil-less” turkey fryer.”

# Acing Your Interview: Five Tips for Safety Professionals

## 1. Polish your resume.

Whether you are just out of college and looking for your first job or a seasoned professional wanting to take the next step, your resume is a potential employer's first impression of you. As such, make sure that the skills and experience required for a particular position are included in your resume.



## 2. Do your research.

Before applying or interviewing for any position, it's important to learn as much as you can about the job and the company. While your resume is an employer's first impression of you, this research will give you an initial impression of them. From looking at a company's website, to reading reviews, to speaking with employees, there are numerous ways for candidates to learn about a potential employer.

## 3. Highlight your accomplishments.

A pitfall that candidates at times fall in to is filling their resumes with skills and responsibilities instead of accomplishments. It's important to let a potential employer know what you have achieved and the impact those achievements have had on the business.

## 4. Help employers remember you.

After the interview, it's always helpful for the employer to have a reason to remember you. If they want to ask any follow-up questions or schedule a second interview, having your contact information can help speed that process along.

## 5. Find the right fit.

Accepting a position is a major decision. Along with pre-interview research, use the interview to learn as much as you can about the potential employer, what your role would be and how it fits into the organization. The interview process provides insights into the organizational culture and how you, as a safety professional, fit into that.



## AMERICAN SOCIETY OF SAFETY PROFESSIONALS

The American Society of Safety Professionals (ASSP) Foundation will accept [scholarship and grant applications](#) from Sept. 1 to Dec. 1 for its annual disbursement of financial awards in 2019. More than \$370,000 is available through nearly 100 awards to occupational safety and health students and professionals, thanks to the generosity of corporate donors and the ASSP community.

Scholarships are available to undergraduate and graduate students, including full-time, part-time and international students studying in the United States. Applicants must be enrolled in an occupational safety or related degree program and have a grade point average of 3.0 for undergraduates and 3.5 for graduates. Professional education grants are available to established safety professionals looking to further their careers through certification, college coursework, conference registration or similar learning opportunities.

### Scholarship Deadlines

Sept. 1	Applications Open
Dec. 1	Applications Due
Jan. 1-March 31	Committee Review
April	Award Announcement
May	Award Funds Distributed

Candidates must only complete one online application to be eligible for all available awards. Recipients are matched with the criteria set forth by the fund's donor, and those selected will be notified in April.

Scholarship and grant applicants can get more information on the program by reading [frequently asked questions](#). Additional questions should be directed to the ASSP Foundation at [asspfoundation@assp.org](mailto:asspfoundation@assp.org) or 847.699.2929.

## ASSP-OKC Chapter Meeting Schedule for 2018-2019!

Date	Location
9/14/18	FTTC Reno Campus Room A1020 B, 11:30am-1:00pm
10/12/18	FTTC Reno Campus Room A1020 A, 11:30am-1:00pm
11/7/18	Joint Meeting with Tulsa Chapter @ OSU Campus 7:00pm
12/14/18	FTTC Reno Campus Room A1020 A, 11:30am-1:00pm
1/11/19	FTTC Reno Campus Room A1020 A, 11:30am-1:00pm
2/8/19	FTTC Reno Campus Room A1020 A, 11:30am-1:00pm
4/12/19	FTTC Reno Campus Room A1020 A, 11:30am-1:00pm
5/10/19	FTTC Reno Campus Room A1020 A, 11:30am-1:00pm
6/14/19	FTTC Reno Campus Room A1020 A, 11:30am-1:00pm



### ASSP—OKC Chapter Scholarship Application Due December 1st

Scholarship awards are for University of Central Oklahoma students majoring in occupational safety, health, and the environment.

Applications are accepted through December 1 every year and must be submitted online. After applications are reviewed by the Foundation’s Scholarship Award & Selection Committee, awards are disbursed to recipients the following April.

Scholarship recipients are selected by the ASSP Foundation Scholarship Selection Committee, not members of the ASSP OKC Chapter.

The following prerequisites are necessary to apply for a scholarship:

- Transcripts from every university you have attended
- Academic letter of recommendation
- A 3.0 undergraduate GPA and (if applicable) a 3.5 graduate GPA
- ◆ Visit the ASSP Foundation website to apply.
- ◆ <https://foundation.assp.org/scholarships-and-grants/>

*(Continued on page 11)*

(Continued from page 10)



ASSP-OKC Chapter Professional Education Grant Application Due December 1st. The Foundation's Professional Education Grant Program provides funding to help safety professionals expand their knowledge and advance their education. Professional Education Grants help participants in the profession move toward great success. Grants are made available to help working professionals pursuing advanced education through seminars, educational conferences, certification courses or college coursework.

Grants are generally valued between \$500 and \$1,000. Applications are accepted through December 1 every year and must be submitted online. After applications are reviewed by the Foundation's Scholarship Award & Selection Committee (does not include members of the ASSP OKC Chapter), awards are disbursed to recipients the following April. Grant recipients will be required to provide receipts of their purchases before grant awards will be disbursed.

- ♦ Visit the ASSP Foundation website to apply.
- ♦ <https://foundation.assp.org/scholarships-and-grants/>

## **2018 OKC ChapterWISE Meetings & Events**

OKC ChapterWISE meetings are held quarterly at Cheever's Café in OKC from noon to 2 PM.

The small group meeting allows for connections between EOSH professionals to discuss the topic and recent events. This ASSP common interest group meeting is open to both men and women.

### **OKC ChapterWISE Local Liaisons contact information:**

**Jennifer Styx:** [Jenniferstyx@downingusa.com](mailto:Jenniferstyx@downingusa.com)

For more information about WISE visit:

<http://www.ASSP.org/practicespecialties/wise/>



Thank you to our ASSP-OKC Chapter Sponsors for 2018-2019!



## Stay Connected to ASSP-OKC

ASSP—OKC is all over the place. Click on the logos below to join our Facebook group, follow us on Twitter, link up on LinkedIn, and sub-



Visit our website for job postings, newsletters, member referral, meeting notices, forms, and much more!

Protecting People, Property, and Environment in Oklahoma since 1975