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| **ASSP OKC Chapter Mentorship Program** |

The OKC Chapter mentor program is dedicated to providing professional growth and coaching to recent Health & Safety graduates and new professionals by pairing them with an experienced professional for interaction and guidance.

**How Does the Mentoring Process Work for a Mentee?**

1. Think about your goals. What do you want out of this relationship?
2. Talk to other people in your profession to get some ideas from them.
3. Complete the Mentee application, giving as many specifics as you can.
4. Submit your [application](http://www.asse.org/practicespecialties/wise/mentor-request/) to one of the ASSP OKC Mentoring Committee Contact listed below.
5. The Committee will review the applications and notify the Mentee and Mentor of the paring.

Please direct questions and mentoring applications to the ASSP OKC Mentoring Program Committee listed below.

**Mentor Selection**

Mentors will complete the Mentor Application and submit it to one of the ASSP OKK Mentoring Committee Contacts listed below.

**Mentor Program Guidelines**

* **Confidential:** All information exchanged between matched pairs for mentoring will be held in strict confidence. Your application will not be viewable to anyone outside the committee.
* **Regular Meetings:** You will set up regular times to meet that are to your convenience. These can be in person, on the phone or via e-mail/instant message.
* **One-Year Program:** Teams will be matched for one year.

**ASSP OKC Mentoring Committee Contacts**

Damon Hinkle, Co-Chair, [Damon.hinkle@thrutubing.com](mailto:Damon.hinkle@thrutubing.com)

Mike Messner, Co-Chair [messnermik@aol.com](mailto:messnermik@aol.com)

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| **ASSP OKC Mentorship Application – Mentee** | | | | | | | | | |
| Applicants must be a current member of the ASSP Oklahoma City Chapter | | | | | | | | | |
| **Applicant Description** | | | | | | | | | |
| Name: | | | | | | ASSP Member number: | | | |
| Current position title: | | | | | | | | | |
| Company: | | | | | | | | | |
| City: | | | | | | | | | |
| Phone: | | | Email Address: | | | | | | |
| **Current business type (Place an "X" near all relevant categories)** | | | | | | | | | |
| Construction |  | Consulting | |  | Education | |  | Government |  |
| Health Care |  | Manufacturing | |  | Oil and Gas | |  | Utilities |  |
| Other (please specify) |  |  | | | | | | | |
| Provide a brief description of your current job. | | | | | | | | | |
| **Mentorship Program Expectations** | | | | | | | | | |
| What career changes do you expect, if any, within the next 1-3 years? | | | | | | | | | |
| How can the mentoring program help you? | | | | | | | | | |
| Describe the key developmental needs you would like to work on now.  Some examples include career planning, influence management, strategic thinking, negotiating politics, understanding business culture and network development: | | | | | | | | | |
| Describe any mentoring experiences you have had: | | | | | | | | | |
| What did you learn from your mentoring experience(s)? | | | | | | | | | |
| Is there anything else that you think would be helpful for us to consider when evaluating your application? | | | | | | | | | |

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| **ASSP OKC Mentoring Application - Mentor** | | | | | | | | | |
| Applicants must be a current member of the ASSP Oklahoma City Chapter | | | | | | | | | |
| **Applicant Description** | | | | | | | | | |
| Name: | | | | | | ASSP Member Number: | | | |
| Current Position Title: | | | | | | | | | |
| Company: | | | | | | | | | |
| City: | | | | | | | | | |
| Phone: | | | Email Address: | | | | | | |
| **Current business type (Place an “X” near all relevant categories).** | | | | | | | | | |
| Construction |  | Consulting | |  | Education | |  | Government |  |
| Health Care |  | Manufacturing | |  | Oil and Gas | |  | Utilities |  |
| Other (please specify) |  |  | | | | | | | |
| Provide a brief description of your current job. | | | | | | | | | |
| **Mentorship Program Expectations** | | | | | | | | | |
| What was your experience like as you started your safety and health career? | | | | | | | | | |
| What are some of the challenges you foresee for the new professionals entering the safety and health profession? | | | | | | | | | |